

Welcome Parents and Athletes to the 2022-2023 School Year for Athletics,

Parents and athletes please read over the sports packet and make sure all forms are completely filled in. Return packet to the Athletic Director, Tina Cruz at one of the registration drop off days, August 10th or 11th from 4:00-6:00pm or before the athletes sports season begins. Otherwise the athlete will not be allowed to participate. A copy of the Athletic Packet will be available on the website to review and/or if you would like to retain a copy for your records just let the athletic director know and you will receive a copy.

**Reminder: Immunization for all participating athletes is required.**

**General information for all sports.**

- Afternoon practices are generally Monday – Thursday 3:00 – 4:30 PM(track and cross country usually practice from 3:00-4:00pm).
- Students must be picked up after practice no later than 5 minutes when practice ends.
- Morning practices are from 7:00 AM to 8:00 AM Monday – Friday
- Athletes must come ready to practice. Coaches will go over their team requirements. .
- No jewelry can be worn during practice or games.
- Athletes who receive a school suspension during the season will not play in the next game. They may lose their eligibility to play.
- Athletes who receive a class suspension on a game day will not play in that game. They may not dress out, travel or sit with their team.
- Athletes must be present at school to participate in a competition. Any exception must be arranged with the athletic director or administrator prior to the day of competition.
- Missing a practice may affect play time. If an athlete misses three practices without a valid excuse they may be removed from the team.
- Athletes who lie to the coach, steal from teammates, or are involved in a fight may be asked to leave the team.
- During the game, athletes must sit on the bench with the coach. They must display good sportsmanship.
- Issues of playtime or other concerns after a sporting event will need to wait 24hr to talk with the coach either by email or appointment.
- Uniforms are issued to each athlete, and are the athlete's responsibility. Uniforms must be returned clean and in the same condition as issued. If an athlete quits the team or becomes ineligible or moves during the season, the uniform must be returned immediately. Parents will be charged the entire cost of the uniform should it become lost, damaged, or stained. The athlete will not be allowed to participate in another sport until the charges have been cleared.
- Schedules will be provided to the athlete ASAP.If you have any questions regarding general athletics please contact Athletic Director's Tina Cruz 209 533-7700 ext. 4419. All other information contact your child's coach.

**Please sign: I have read and understood the Athletic Information Form**

Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

Athlete \_\_\_\_\_ Date: \_\_\_\_\_