Physical Education Log

Name:

Teacher:

The goal for individual achievement in Physical Education is 200 minutes every 10 school days. Please log your activity and minutes below. 60 Minutes will already be done through our Zoom contact. That leaves 140 minutes for you to decide what to do.

Physical Activity	Minutes

Please submit this form to Mr White every 10 School Days, Two Weeks. You can email it to me or bring into the office and they will place it in my mail.

See the attached for ideas or contact Mr. White at bwhite@cusd49.com with any questions.