



Columbia Union School District 2021- 2022 Sports Guidance Updates September 17, 2021

Dear Parents, Guardians of Columbia Elementary School,

You are receiving this summary because your child is currently enrolled in extracurricular sports or other activities at Columbia Elementary School. As of September 20, 2021, new guidelines will be enforced in accordance with the order of the Health Officer of the County of Tuolumne, released September 14, 2021. These attached guidelines state:

- Extracurricular activities should take place outdoors and/ or distanced when feasible
- **Masks are required indoors for all individuals in K-12 Schools. This applies to all teachers, staff, students, game officials, parents, and other visitor, regardless of vaccination status.**
- **All individuals, regardless of vaccination status, are required to wear face masks, regardless of indoor or outdoor,** during any event in which there is sustained contact of 3 feet or less for a duration of 15 minutes or more in a 24 hour period.
- In lieu of cancelling activities, student participants in grades 6-12 **MUST** commence and continue twice weekly antigen testing or once weekly PCR testing, within 72 hours of competition, performance or event, regardless of age or vaccination status.
 - **Home tests do not meet the screening testing requirements**
 - **Individuals who provide documentation of positive COVID-19 test results in the past 90 days are excluded from testing**

In order to meet the compliance requirements in our county, we will begin testing our student athletes during the week of September 20-24.

If you have not done so, please sign and return the permission form for testing (attached), and register your child for testing using the following links:

Rapid testing Link (may be used twice weekly- results available 15 minutes after test):

https://my.primary.health/r/tuolumne?registration_type=Columbia+El+Students



Color Testing PCR link to register- Test is sent to a laboratory, tests within 48 hours:

Student URL: <https://home.color.com/covid/sign-up/start?partner=55723486054860students>



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Date: September 14th, 2021

**ORDER OF THE HEALTH OFFICER OF THE COUNTY OF TUOLUMNE
MODIFYING PREVIOUS COVID-19 ORDERS REGARDING YOUTH
EXTRACURRICULAR ACTIVITIES AND YOUTH SPORTS**

This Order supersedes any previous guidance or Order related to Youth Sports and Extracurricular Activities and is in addition to the recently updated [CDPH K-12 guidance](#) on September 1, 2021. This Order will remain in place until further noted and will be continuously reassessed and weighted against the community spread and prevalence of the COVID-19 virus.

WHEREAS, a declaration of emergency was issued by the Governor of the State of California on March 18, 2020, and local emergencies have been declared in Tuolumne County in response to the virus COVID-19; and

WHEREAS, the CDC has recommended cancelling sports and extracurricular activities in communities with high transmission, but California and our foothill counties support the safe continuance of such activities; and

WHEREAS, to protect the health and safety of students, athletes, coaches, staff and volunteers, this Order is being issued to ensure safety protocols are in place;

NOW, THEREFORE, under the authority of California Health and Safety Code sections 101040, 101085 and 120175 and Title 17 California Code of Regulations, Section 2501, the Tuolumne County Interim Health Officer **HEREBY MAKES THE FOLLOWING ORDERS**, which shall be applicable within the County of Tuolumne:

General Provisions

This Order provides requirements and general public health recommendations for extracurricular and optional organized youth activities, including all types of programs that occur on school grounds (e.g., before or after school, on school campuses, public or private) or involve school students (regardless of the activity's location) that are not part of a required educational curriculum.

- a. In workplaces, employers are subject to the Cal/OSHA COVID-19 Emergency Temporary Standards (ETS) and should consult those regulations for additional applicable requirements.
- b. Vaccination: COVID-19 vaccination is strongly recommended for all eligible people in California.
- c. Extracurricular activities should take place outdoors and/or distanced when feasible.
- d. Masks
 - i. Due to increased exhalation that occurs during physical activity, some indoor sports can put players, coaches, trainers, and others at increased risk for getting and spreading COVID-19. Similar risks exist for other extracurricular activities, such as dance, choir, theater, and school

clubs that meet indoors. Given this increased risk, **masks are required indoors for all individuals in K-12 schools. This applies to all teachers, staff, students, game officials, and visitors to schools - regardless of vaccination status and for scenarios outlined below in item ii. Masks are not required when actively participating in sports or extracurricular activities when a mask cannot be worn.**

- ii. Given the prevalence of COVID-19 in the community, for outdoor sports, **all individuals regardless of vaccination status are required to wear a face mask** during any event in which there is sustained contact of 3 feet or less for a duration of 15 minutes or more in a 24-hour period. Examples include: between practice drills, on the sidelines, arriving at or departing from the playing facility, in a locker room, while not on the playing field. CDPH K-12 Face Coverings guidance requires that all persons wear a face mask at all times while riding on shared transportation for school-related activities.
 - iii. For band and music classes during school hours, refer to the most updated CDPH school guidance.
- e. Screening testing of student participants
- i. In areas of high transmission, the CDC recommendation would be to cancel high risk sports and extracurricular activities.
 - ii. For extracurricular activities where face coverings are not worn, perform the following testing procedures.
 1. In lieu of canceling, student participants in grades 6-12 must commence and continue twice weekly antigen testing or once weekly PCR testing, within 72 hours of competition, performance or event, regardless of age or vaccine status.
 2. Tests performed at home do not meet the screening testing requirements.
 3. Individuals who have had a positive COVID-19 test in the past 90 days are excluded from testing with documentation of positive test result.
- f. Recommendations for staying home when sick and getting tested:
- i. Follow CDPH Guidance if you have COVID-19 symptoms.
 - ii. Youth and adults with symptoms of COVID-19 infection should not return to play or attendance until they have met the following CDPH criteria:
 1. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
 2. Other symptoms have improved; and
 3. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g. Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
- g. Follow CDPH Guidance on Isolation and Quarantine for COVID-19 Contact Tracing for adults who are who are symptomatic and/or exposed to a COVID-19 case.
- h. Follow CDPH Guidance for K-12 Schools for youth who are symptomatic and/or exposed to a COVID-19 case.
- i. Ventilation recommendations:
- i. For indoor spaces, ventilation should be optimized, which can be done by following CDPH Guidance on Ventilation.
- j. Hand hygiene recommendations
- i. Teach and reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among students and staff.

- ii. Promote hand washing throughout the day, especially before and after eating, after using the toilet, and after handling garbage, or removing gloves.
 - iii. Ensure adequate supplies to support healthy hygiene behaviors, including soap, tissues, no-touch trashcans, face coverings, and hand sanitizers with at least 60 percent ethyl alcohol for staff and children who can safely use hand sanitizer.
- k. Cleaning recommendations
- i. In general, cleaning once a day is usually enough to sufficiently remove potential virus that may be on surfaces. Disinfecting (using disinfectants on the U.S. Environmental Protection Agency COVID-19 list) removes any remaining germs on surfaces, which further reduces any risk of spreading infection.
 - ii. For more information on cleaning a facility regularly, when to clean more frequently or disinfect, cleaning a facility when someone is sick, safe storage of cleaning and disinfecting products, and considerations for protecting workers who clean facilities, see [Cleaning and Disinfecting Your Facility](#).
 - iii. If a facility has had a sick person with COVID-19 within the last 24 hours, clean AND disinfect the spaces occupied by that person during that time.
- l. Vaccination verification considerations
- i. For guidance on vaccine verification, or for information on how to obtain a copy of your vaccine records, see [CDPH Guidance on Vaccine Records](#).

1. This Order is made in accordance with all applicable State and Federal laws, including but not limited to: Health and Safety Code sections 101030, et seq.; Health and Safety Code sections 120100, et seq.; and Title 17 of the California Code of Regulations section 2501.

2. To the extent necessary, pursuant to Government Code sections 26602 and 41601 and Health and Safety Code section 101029, the Interim Health Officer requests that the Sheriff ensure compliance with and enforcement of this Order.

3. This Order is made because of the propensity of the virus to spread person-to-person and also because the virus is causing personal property loss or damage due to its proclivity to attach to surfaces for prolonged periods of time.

4. Copies of this Order shall promptly be posted on the County of Tuolumne's website and provided to any member of the public requesting a copy of this Order.

Eric Sergienko, MD, MPH

Interim Health Officer

Date



Columbia Union School District COVID-19 Student Testing Consent Form

-Effective 9/13/2021

****Parents/Guardians**** please fill out this form for each student in your household that will be voluntarily participating in district sports.

Please enter the sport your student will be participating in: _____

Student Participant Information

Student's Full Name: _____ Grade: _____

Parent/Guardian Information

Parent/Guardian Full Name: _____

Relationship to Student: _____

Home Phone: _____ Cell Phone: _____

In order for the district to be in compliance with the Local Public Health Order –Youth Extracurricular Activities and Youth Sports Guidance, Mandatory COVID-19 Testing for participants Grades 6-12 must be conducted twice weekly antigen or once weekly PCR for persons regardless of age or vaccine status within 72 hours of competition. Individuals who have had a positive COVID-19 test in the past 90 days are excluded from testing with documentation of a positive test result.

Please choose one of the below options:

- Yes, I agree:** I give my consent for my child to be tested per the Local Public Health Order for Youth Extracurricular Activities and Youth Sports Guidance. **I understand this allows my child to be tested for COVID-19 using an antigen or PCR test and allow submission of the test results to the district, county, state or any other governmental agency as required by law.**

PLEASE SIGN BELOW:

I attest that:

I have signed this form freely and voluntarily, and I am legally authorized to make decisions for the child named above. I consent for my child to be tested for COVID-19 infection.

I understand that my child will be tested at multiple times during the sports season.

I understand that if my child receives a positive test result, state, public health and district safety protocols will be enforced.

I understand that as with any medical test there is potential for false positives or false negative test results.

I understand that this consent form will be valid through June 30, 2022, unless I notify the designated contact person from my child's school in writing that I revoke my consent.

I understand that my child's test results and other information may be disclosed as permitted by law.

I understand that if I am a student age 18 or older, or may otherwise legally consent for my own health care, references to "my child" refer to me and I may sign this form on my own behalf.

I have been informed about the test purpose, procedures, possible benefits and risks.

I have been given the opportunity to ask questions before I sign, and I have been told that I can ask other questions at any time.

Signature of Parent/Guardian: _____

Date: _____